

**“You stop someone from using contraception, and then, blame them later when they get pregnant” –
Reproductive Oppression of Girls and Young Women**

Findings from Qualitative Research with Family Planning Service-Users

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Reproductive
Coercion

Reproductive
Violence

Reproductive
Justice





Providers

- 5 Focus Group Discussions (n = 27)

Stakeholder Workshop

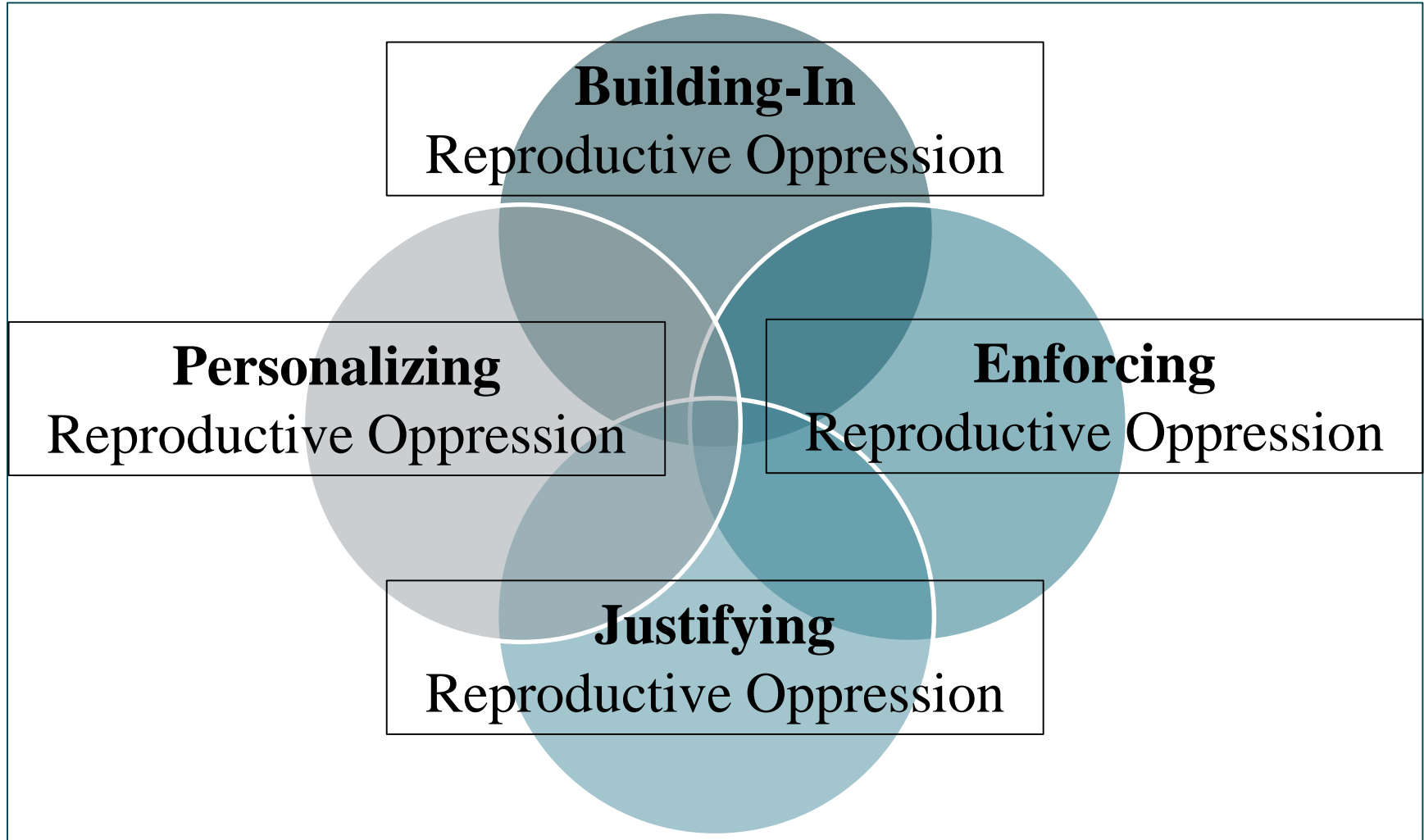
- 48 participants

Girls and Young Women (Aged 15 -19)

- 35 In-Depth Interviews
- 7 Focus Group Discussions (n = 42)



Matrix of Reproductive Oppression

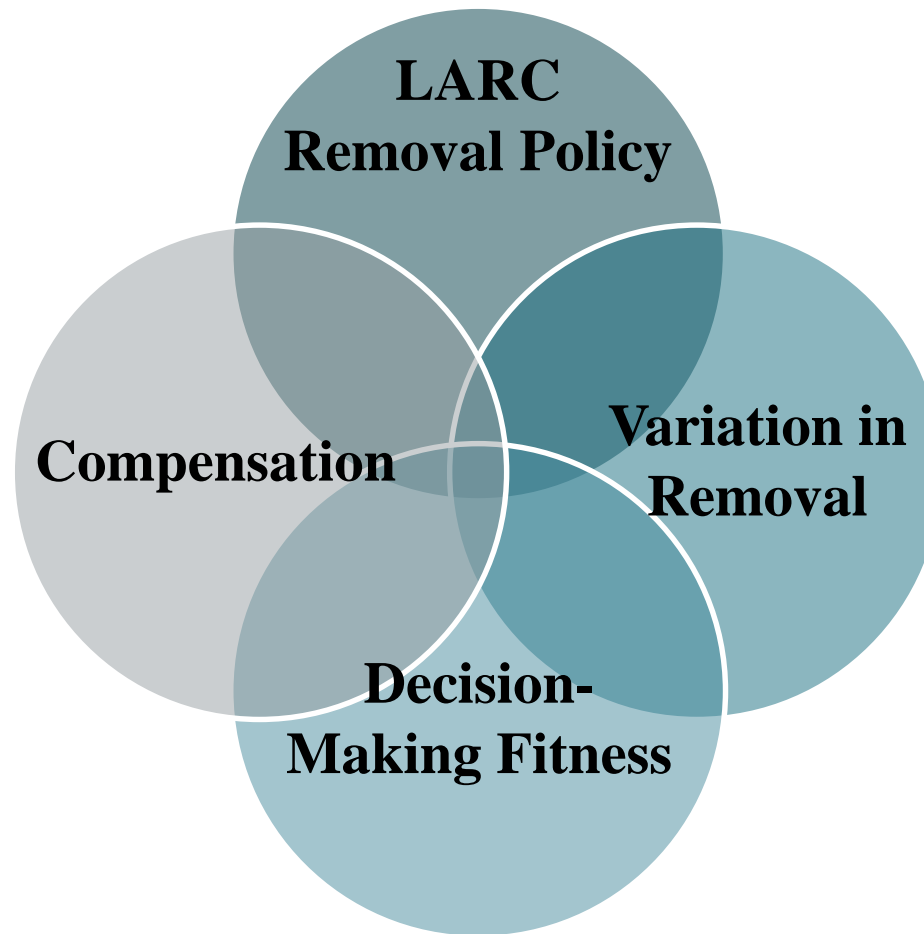


Reproductive Oppression



“The problem of not having a FP [contraceptive] service card [for method removal] is one of the advantages some FP [family planning] providers take to ask you for money.

A provider, even those at a government hospital, will tell you to produce 500 [Kenyan] shillings to remove a method.”
(Young Woman aged 19, FGD)



“But, even when I came back to Eldoret, the providers could not remove the method, because I don’t have the hospital card. They told me to wait until the method expires, and that will be in June 2026. Yet, I had gotten a man in Nairobi who wanted to marry me, and he wanted me to have a baby with him. [...] The relationship collapsed.” (Young Woman aged 19, FGD)

Research, Policy, & Practice



“[After administering contraception], you will [be] forced to write a fake prescription for some sickness, so that when they go home and the husband asks her, ‘Where are you coming from?’ she would have that paper to show to the husband. ‘I am from the hospital. You can even see the prescription.’” (Nurse, FGD 1, Provider 8)

“Like maybe you have gone for the injectable, and then your menses starts prolonging. He will feel that you are denying him ‘conjugal rights [rights of marriage].’ At some point, he might even force you into having sex, because he cannot be patient with you anymore. Or he will ask you if you want him to start going for other women.” (Young Woman aged 19, IDI 18)



Thank You & Keep in Touch!



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